



Join us for the 2009 Central NY Walk from Obesity and Healthy Fall Expo!!!

When: Saturday, October 10, 2009

Registration time: 8:30am **Walk and Activities:** 9:30am-12:30pm

Where: Chittenango HS, 150 Genesee Street, Chittenango, NY

Featured activities at this year's Walk and Expo:

- **Pumpkin Workout** with Steve Krebs from Next Level Fitness in Marcy and Syracuse, NY
- Enchanting **magicians** presenting entertainment for children and adults!
 - exotic balloon making
 - stilt walkers
 - fire eaters
 - face painting
- Plenty of **healthy snacks** and **healthy lifestyle information**
- Chinese Auction/Raffles
- Much, Much More!!

Pumpkin Painting



Jumping Castle

*Log onto **www.walkfromobesity.com** to register for this exciting event or to make a donation today!

*For more information, please contact **Theresa Sullivan**, Practice Manager at Dr. William Graber's Office:

tsullivan.cnywalk2009@gmail.com, (315) 624-4740

All proceeds from the Walk and Healthy Fall Expo benefit the Obesity Action Coalition and the American Society for Metabolic and Bariatric Surgery.



Sponsored By: Faxton-St. Lukes Healthcare; William A. Graber, MD, PC, FACS; Matthew Fitzer, MD